

DISEASES DON'T RESPECT BORDERS



FOOD IMPORT- WHAT ARE THE RULES?

Personal imports of meat and dairy products brought into Norway and the EU / EEA present a real threat to animal health, as they can contain various pathogens that cause animal diseases, such as foot and mouth disease.

So by bringing meat and dairy products into Norway and the EU/EEA, you risk importing an animal disease.

Can I bring meat or dairy products into Norway and the EU/ EEA?

In general, you cannot bring with you any meat or dairy products, unless they are in small quantities for personal consumption from Andorra, the Faeroe Islands, Greenland, Iceland, Liechtenstein, San Marino or Switzerland.

Such products are also not allowed to be sent in packages to individuals.

What about other products of animal origin?

If you want to bring small quantities of products of animal origin other than meat and dairy products - honey, eggs, fish, etc. - into Norway and the EU/EEA for personal consumption, please check the rules with the Norwegian Food Safety Authority.

What about infant milk or food?

You can bring in limited quantities of powdered infant milk and food, and foods required for medical reasons provided that:

- it is not produced in China
- they do not require refrigeration before opening
- they are packaged proprietary brand products for direct sale to the final consumer, and the packaging is unbroken unless they are currently being used.

What happens if I break the rules?

- The products will be seized and destroyed on arrival into the EU.
- If you do not declare such items, you may be fined or face criminal prosecution.

You can find more information
about this on the Norwegian Food Safety Authority's website
(www.mattilsynet.no) or the Norwegian Customs website (www.toll.no).